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CONFIRMATION NO. 9623

SERIAL NUMBER 10728,880	FILING OR 371(c) DATE 12/08/2003 RULE	CLASS 707	GROUP ART UNIT 2165	ATTORNEY DOCKET NO. EX-4-COMM
APPLICANTS Michael J. Shea, Vienna, VA;				
** CONTINUING DATA ***** This application is a CON of 09/382,684 08/25/1999 PAT 6,659,916 which is a CON of 08/842,113 04/28/1997 PAT 6,050,924				
** FOREIGN APPLICATIONS *****				
IF REQUIRED, FOREIGN FILING LICENSE GRANTED ** 03/05/2004				
** SMALL ENTITY **				
Foreign Priority claimed <input type="checkbox"/> yes <input checked="" type="checkbox"/> no 35 USC 119 (a-d) conditions met <input type="checkbox"/> yes <input checked="" type="checkbox"/> no <input type="checkbox"/> Met after Allowance Verified and Acknowledged <i>[Signature]</i> Examiner's Signature Initials		STATE OR COUNTRY VA	SHEETS DRAWING 16	TOTAL CLAIMS 45
INDEPENDENT CLAIMS 8				
ADDRESS 40283				
TITLE System and method for communicating exerciser-related and/or workout messages				
FILING FEE RECEIVED 825	FEES: Authority has been given in Paper No. _____ to charge/credit DEPOSIT ACCOUNT No. _____ for following:		<input type="checkbox"/> All Fees <input type="checkbox"/> 1.16 Fees (Filing) <input type="checkbox"/> 1.17 Fees (Processing Ext. of time) <input type="checkbox"/> 1.18 Fees (Issue) <input type="checkbox"/> Other _____ <input type="checkbox"/> Credit	